



NF-M20157

Seat No. _____

First Year M. Sc. (N) Examination

January - 2017

Mental Health Nursing

Time : 3 Hours]

[Total Marks : 75

Instruction : Answer **all** questions.

1 Elaborate on : **2×20=40**

- (1) (a) Define Stress.
 - (b) Explain the stress as a Biological response and environmental event.
 - (c) Apply the Nursing theory in stress management.
- (2) (a) Define Mental Health and Mental illness. Explain the factors influencing development of Mental Health.
 - (b) Explain the ICD Classification of Mental illness.

2 Write notes on : **7×5=35**

- (1) Neuro transmitters.
 - (2) Stress adaptation theory.
 - (3) Therapeutic communication.
 - (4) Assertive behavior.
 - (5) Mental status examination.
 - (6) Role of nurse in promoting self esteem.
 - (7) Electro convulsive therapy.
-